

## **CASE REPORTS AND CASE STUDIES**

## I. General Summary

The IRB has provided helpful guidance to assist clinician investigators assess the differences between performing case reports and performing case studies on one's own patients. Each situation has separate reporting requirements.

- **a. Case reports**, generally consist of three (3) or fewer patients, prepared for the purpose of illustrating some points in the care of a patient, to educate and formulate new research questions which may eventually lead to generalizable knowledge. Investigator/clinician should use a standard of care written consent when consenting each individual participant. For example, case reports may include but is not limited to:
  - Report of a new condition, treatment and follow-up
  - Report of a familiar condition with a proposed mode of inheritance
  - A new theory
  - Questions regarding a new theory
  - Adverse responses to therapies

## Case reports require IRB administrative approval. Submit the following documents to the IRB

- Complete the IRB Case Report Application
- Investigator/clinician should use a standard of care written consent when consenting each individual participant
- HIPPA consent /IRB waiver required (see case report application)
- Proof of researcher training/licenses'
- Letter of intent (cover sheet)

**b. Case studies** are considered qualitative research methods. It is the in-depth analysis, empirical inquiry, or investigation of a person or group in a natural, uncontrolled setting. This research method is done from the participants' perspective and studies how they make meaning of the world – not how researchers manipulate it. Qualitative researchers study things in their natural settings, attempting to make sense of, or to interpret, phenomena in terms of the meanings people bring to them. A case study includes multiple data sources such as interviews, documents, archival records, direct observations, and physical artifact.

The Office for Human Research Protection regulations (45 CFR 46.102(d)) defines "research" as a systematic investigation, including research development, testing and evaluation, designed to develop or contribute to generalizable knowledge. In general, the review of medical, educational or private records for publication of "case reports" typically involves three (3) or less subjects. In such circumstances, they are NOT considered human subject research and may not require full IRB review since they do not formulate research hypothesis. However, administrative IRB approval is required.



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Formal retrospective or prospective records review involving a larger subject population [greater than three (3) subjects] qualify for either Exempt (if data is existing and anonymous) or Expedited IRB review. In these circumstances, researchers are beginning to ask questions and collect data either prospectively or retrospectively to systematically analyze data, making the study closer to deriving generalizable knowledge

	•	Investigator and the Research Site. A		
	•	ay result in a delay of IRB review. Ple		
		locumentation that must accompany y	our submissio	n.
Α.	GENERAL STUDY INFORMA	ATION		
A1	Project Title:			
A2	Brief Description:			
		AD ON STATE WITHOUT A STATE OF		
		ARCH STAFF INFORMATION: or the Principal Investigator		
Princ	ipal Investigator Name and			
degre	ee:			
Princ addre	ipal Investigator email ess:			
Phon	e number			
Site A	Address			
	Project Information			
C1.	Number of records to be exist more than 3 records, the IF	xamined: RB may require expedited review		
C2.	Are subjects or information about subjects selected from records gathered from a database or record search?  Yes  No			
				<u> </u>

C3.	Start date:									
C4.	Completion date:	Completion date:								
C5.	Provide location where data records or information is stored or available:									
С6.		Will you record any direct identifiers, names, social security numbers, addresses, telephone numbers etc.								
C7.	If yes to question C6 please explain why it is necessary to record findings with identifiers. If there is a coding system which you will use to protect against disclosure of these identifiers, please describe the system. Also, describe the provisions you have taken to maintain confidentiality of data.									
	Principal Investigator's Signature	_	Date							
Reviewed and approved as a Case Report or Case Study not requiring IRB approval.										
	Signature of Reviewer		Date							
Reviewed and disapproved as a case study. Submit as a research protocol.										
	Signature of Reviewer		Date							